

Guidance and Counseling Services

DIGEST

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Our Vision: That every school will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career and personal/social development of all students.

Our Mission: To work collaboratively with Professional School Counselors, the Missouri School Counselor Association, Counselor Educators and all stakeholders to develop and provide the leadership, resources and professional development necessary to support professional school counselors in their efforts to fully implement their comprehensive guidance and counseling programs.

The Guidance and Counseling Services Staff:

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Announcements

Resources and information provided in the Guidance Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the Guidance and Counseling Services Section or the Department of Elementary and Secondary Education.

Counselor Evaluation Workshops

The Spring Guidance System of Support Workshops address the new DESE counselor growth plan evaluation process. Go to [GSOS - Counselor Evaluation Registration](#) for the date and location of the regional presentation in your area.

New Counselor Institute (NCI)

Registration for the [New Counselor Institute](#) (NCI) is now open. NCI 2015 will be held at the Capital Plaza Hotel in Jefferson City on July 12-15, 2015. NCI is designed for those entering school counseling positions with:

- A Temporary Authorization Certificate
- An Alternative Certification with no or one year of school counseling experience
- Recent graduation from a school counseling masters program and no counseling experience
- No public school experience

Court Ruling - DESE and Smarter Balance

This lawsuit deals with our state membership in the Smarter Balance Assessment Consortium of states that are working together to create common tests. It does not impact the use of the tests themselves. We do not expect this to impact the administration of statewide tests this spring. The Department's General Counsel is reviewing the ruling and considering our legal options. [Read more EdWeek](#)

National School Principals Day

May 1, 2015 is designated as National School Principals Day. Be sure to let your principal know how much you appreciate them supporting your efforts to help students through your comprehensive guidance and counseling program!

Get Energized - MSCA Fall Conference 2015

Check out the fun video promoting the MSCA 2015 Fall Conference!

<https://drive.google.com/a/aurorar8.org/file/d/0B8PIN0gFSh7bSjJyWUxxckVIZnc/view?usp=sharing>

Nice job, Lanese Slagle and contributing counselors across the state! *Missouri School Counselors Rock!*

Guidance Digest Distribution System

Tell your friends to personally register to receive the Guidance Digest at [Guidance Digest](#)

Regional Director Position - Missouri College Advising Corps (MCAC)

MCAC will employ two Regional Directors, each providing oversight of one-half of the state. The Regional Director will oversee the 20-25 full-time near peer college advisers and the MCAC partner schools in that region of the state. To learn more about the position and apply, go to

<http://hrs.missouri.edu/find-a-job/staff/index.php>

Click "prospective employees"

Click "advanced search"

Search for job opening ID #15612

Application Deadline: **March 27, 2015**

For additional information:

Beth Tankersley-Bankhead, PhD

Phone 573-884-1928

bankersleybankheaea@missouri.edu

Program Components

CURRICULUM

Guidance Curriculum

Guidance GLE's and the high quality K-12 unit and lesson plans are found at [Guidance Curriculum](#)

[Missouri Connections](#) has career focused lesson plans for a variety of classroom as well as career development lessons and activities for grades 6-12. Log in and use these resources!

INDIVIDUAL STUDENT PLANNING

Missouri Technical Colleges

Missouri is fortunate to have two outstanding technical colleges that provide practical education and training that produce job ready graduates that enter high demand occupations. Both colleges provide viable post-secondary options.

Rankin Technical College is a privately funded college located in St. Louis that offers programs in: Automotive, Construction, Electricity, Information Technology, and Manufacturing with a 97% employment or advanced education rate for their graduates. www.ranken.edu

State Technical College of Missouri (formerly Linn Tech) is a public college located in Linn that provides over 35 programs offering advanced technical training in both emerging and traditional technologies. They have a 95% employment or advanced education rate for their graduates. <https://www.statetechmo.edu/>

Employability Skills Framework

Designed for multiple audiences, the Lesson Planning Checklist is a customizable tool that can be used for lesson planning and reflecting on the extent to which employability skills are being taught.

<http://cte.ed.gov/employabilityskills/index.php/developingskills/overview>

Help Pay for College with the College Planning Calculator

While 98% of parents believe that college is an investment in their child's future, only 38% of families have a plan to pay for it. Whether families have many years to save for college, or if paying for it is just around the corner, use the College Planning Calculator by Sallie Mae to help you make a plan. Register today and create a custom comprehensive financial plan, no matter where families are on the path to saving or paying for college. Learn more at <https://www.salliemae.com/registernow> or by contacting Laura Steinbeck at Laura.Steinbeck@SallieMae.com. Video URL - <https://www.youtube.com/watch?v=r-zJFPGwp-A>

Man of Achievement Scholarships

Alumni of Delta Sigma Phi Fraternity at Mizzou award two \$500 scholarships annually to incoming male students who have high school GPAs of 3.0 or higher. It is NOT necessary to join the fraternity to receive the awards. Request application materials from Brian Brooks (brooksbs@missouri.edu). Finalists will be interviewed in Columbia in May. Application deadline is April 30.

Missouri Connections

The **Personal Learning Plan** (PLP) is a comprehensive summary of career readiness preparation that is the equivalent to the Personal Plan of Study (PPOS). Located in the portfolio, the PLP and accompanying **Checklists** are powerful tools that support Individual Student Planning. For more information, contact Jackie Coleman at jcoleman@motrainer.com or 573-634-0043 or Tom Schlimpert at tom.schlimpert@dese.mo.gov or 573-751-6875.

Missouri Department of Higher Education Information and Materials

For information about FAFSA Frenzy, visit:

- Student Information [FAFSA Frenzy](#)
- Counselor Information <http://dhe.mo.gov/ppc/collegegoalsundayFAO.php>.
- Completing FAFSA <https://studentaid.ed.gov/fafsa/filling-out>. Similar information to the "7 Things You Need..." link below, in different format.
- Completing Your FAFSA - video announcement [FAFSA Frenzy PSA](#)

RESPONSIVE SERVICES

Bully Prevention Resources

The Children's Safety Network provides an excellent Bullying Prevention 2015 Resource Guide and other related resources. [CSN Resource Guide](#)

Suicide Prevention Resources

1. Mental Health First Aid: <http://www.mentalhealthfirstaid.org/cs/>
2. Chad's Coalition: <http://www.chadscoalition.org/> founded in Missouri by a parent whose child committed suicide
3. Missouri Institute of Mental Health: <https://www.mimh.edu/ProjectsandWebsites/tabid/783/Default.aspx>
4. Olweus (Ol-vay-us): http://www.violencepreventionworks.org/public/youth_suicide.page
5. Missouri Suicide Prevention Training Program: <http://www.moasklistenrefer.org/main>
6. Suicide Prevention Resource Center: <http://www.sprc.org/>
7. [DESE Responsive Services](#)

SYSTEM SUPPORT

Statewide ACT Test Administration

The first statewide administration of the ACT to 11th grade students occurs on April 28. See [ACT State-Wide Assessment](#) for details. Contact the Assessment Section at (573) 751-3545.

STEM/NAPE High School Survey

A survey focused on high school students' perceptions of STEM careers is being conducted this month. If you are interested in having your high school students participate, please send your name, high school name, and complete school mailing address to info@studentresearch.org with "STEM Career Survey" in the subject line to make sure you are on the list!

The Missouri Educator Gateway Assessments (MEGA)

The Missouri Educator Gateway Assessments (MEGA) are the new exams Missouri educators, including counselors, seeking initial certification must take. The following link is an overview and study guide of the counselor assessment. It is a great resource for people completing their degree programs and preparing for this assessment. Sample questions are included on the right hand box under Sections. http://www.mo.nesinc.com/Content/STUDYGUIDE/MO_SG_OBJ_056.htm

Professional Request

The following is a request from a fellow school counselor who is working on her dissertation:

High School Counselors: You are invited to take part in a study that examines high school counselors' roles in transitioning students with disabilities to post-secondary education. In order to participate in this study, you must be a certified school counselor and currently working as a high school counselor. This survey is anonymous and voluntary and it may take about 15 minutes to complete. If you are interested in participating in the study, please click https://pennstate.qualtrics.com/SE/?SID=SV_6VBCW0yIK5i9ZFH to be directed to the consent form and survey. This research study has been approved by The Pennsylvania State University Institutional Review Board, under the supervision of Dr. JoLynn Carney, Associate Professor of Counselor Education at Penn State. Thank you for your participation!

Charity Anne Kurz, Doctoral Candidate, The Pennsylvania State University
4-8 School Counselor, EILLMS, Grandview Heights, Columbus, Ohio

Conferences and Professional Development Opportunities

Missouri ACT State Conferences

The Missouri ACT State Organization is providing two conferences this year! *The New Big Picture* is the conference theme with session topics that include retaining at-risk students, preparing students for the workforce, and the pivotal role of assessment in academic, personal, and career development in Missouri. Click on the links below for more information and to register:

Monday, March 2, 2015
Sheraton Clayton Plaza Hotel
[St. Louis, Missouri](#)

Tuesday, March 3, 2015
The Westin Kansas City at Crown Center
[Kansas City, Missouri](#)

School Safety Coordinator Workshop

Register online here or call 800-221-6722. For More information:

<http://hosted.verticalresponse.com/941283/3af3a2907a/1606699453/0d4a69cdac/>

Dates and Locations

3/2/15: Kansas City

3/3/15: Columbia

3/4/15: St. Charles

3/9/15: Springfield

3/11/15: Cape Girardeau

College Planning and Access Professional Development Series

The Missouri College Advising Corps is providing two presentations on March 31 from 7:30-10:00

- Assessing and Implementing Strategies to Strengthen College-Going Culture
- Summer Melt: What is It and How to Counter It

To learn more about the session and/or register, go to <http://muconf.missouri.edu/mcac/>

Missouri Association for College Admission Counseling (MOACAC) Spring Conference

The MOACAC Spring Conference will be held April 12-14 at the Sheraton Westport Plaza in St. Louis.

With the theme “Are We There Yet?” sessions with guest speakers and panels will focus on current issues in secondary and post -secondary education, as well as professional development. If finances are an issue you may apply for the Professional Development Grant. Applications will be considered on a first come, first served basis. Grant Applications must be turned in by March 23rd! For more information about the conference go to: <http://www.moacac.org/conferences>.

Meet the professionals who say, "I Build."

April 14, 2015 For more information visit their website, <http://nice-kc.com/>.

Missouri Alternative Education Network Conference

The Missouri Alternative Education Network 2015 Conference will be held **July 19-21, 2015** at the

Country Club Hotel & Spa in Lake Ozark. For more information contact maen4kids@gmail.com or go to <https://sites.google.com/site/maen4kids/>

Interesting Insights

Are Millennials Ill-Equipped?

According to a report by the Education Testing Service, millennials in the United States are significantly less equipped with basic adult skills necessary for college and career success than their global peers.

Check out the full report on [CTE Policy Watch Blog!](#)

Best Jobs List 2015

Review the following article by U.S. News. Notice that each title is a link to more information.

<http://money.usnews.com/money/careers/articles/2015/01/13/the-best-jobs-of-2015>

No. 1: [Dentist](#)

No. 6: [Physical Therapist](#)

No. 2: [Nurse Practitioner](#)

No. 7: [Computer Systems Analyst](#)

No. 3: [Software Developer](#)

No. 8: [Information Security Analyst](#)

No. 4: [Physician](#)

No. 9: [Registered Nurse](#)

No. 5: [Dental Hygienist](#)

No. 10: [Physician Assistant](#)

Substance Abuse High Among Pregnant Teens

Researchers at the University of Texas at Austin have found almost 60 percent of pregnant teens say they have used one or more substances in the past year, nearly double the rate of non-pregnant teens.

The study found use of these substances continues during pregnancy, especially among younger teens. the [Austin American-Statesman](#) reports more than one-third of all pregnant teens ages 12 to 14 said they used one or more substances in the previous month.

Pregnant teens were most likely to use alcohol (16 percent), followed by marijuana (14 percent) and other illicit drugs (5 percent). The findings are published in [Addictive Behaviors](#). The researchers found pregnant teens were less likely to use drugs or alcohol once they moved into their second or third trimester.

The study included data from 97,850 teen girls between ages 12 and 17. A total of 810 reported they were pregnant. For more information, click [here](#).

It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email civilrights@dese.mo.gov.